

A STEP AHEAD



Alabama's
Early
Intervention
System





This checklist is designed to help you record your child's growth and development. Remember that each child develops at his or her own pace.

The age listed on the checklist is when most children usually start that activity. To determine the development of a child born prematurely and under the age of two, subtract the length of prematurity from his or her age. For example, if a two-month-old baby was born one month early, his or her development should be compared to that of a one-month-old baby.

If your child is not performing an activity at the age listed, concern is probably unnecessary. If your child is late in doing several activities, discuss it with your child's medical professional or contact Child Find for an Early Intervention program near you.

Early Intervention Child Find

1-800-543-3098

One Month

- Able to raise head from surface when lying on tummy
- Pays attention to someone's face in his or her direct line of vision.
- Moves arms and legs in energetic fashion
- Likes to be held and rocked

Two Months

- Smiles and coos
- Rolls part way to side when lying on back
- Grunts and sighs

Three Months



- Eyes follow a moving object
- Able to hold head erect
- Grasps objects when placed in his/her hand
- Babbles

Four Months

- Holds a rattle for an extended period of time
- Laughs out loud
- Sits supported for short periods of time
- Recognizes bottle and familiar faces

Five Months

- Reaches for and holds objects
- Stands firmly when held
- Stretches out arms to be picked up
- Likes to play peek-a-boo



Six Months

- Turns over from back to stomach
- Turns toward sounds
- Sits with a little support (one hand bracing him/her)
- Persistently reaches for objects out of his/her reach
- Listens to own voice
- Coos and squeals
- Reaches for and grasps objects and brings them to mouth
- Holds, sucks or bites cookie or cracker - begins chewing

Seven Months

- Can transfer objects from one hand to the other
- Can sit for a few minutes without support
- Pats and smiles at images in a mirror
- Creeps (pulling body with arms and leg kicks)

Eight Months

- Can sit steadily for about five minutes
- Crawls on hands and knees
- Grasps things with thumb and first two fingers
- Likes to be near parents

Nine Months

- Says mama or dada
- Responds to name
- Can stand for a short time holding onto support
- Able to hit two objects together on his/her own
- Copies sounds

Ten Months

- Able to pull him/herself up at side of crib or playpen
- Can drink from a cup when it is held

Eleven Months

- Can walk holding onto furniture or sides of crib
- Can find an object placed under another object

Twelve Months

- Waves bye-bye
- Can walk while one hand is held
- Says two words besides mama or dada
- Likes to have an audience
- Enjoys some solid foods
- Finger feeds him/herself
- Gives affection



Fifteen Months

- Walks by him/herself
- Shows what he/she wants by pointing or gesturing
- Scribbles on paper after shown
- Begins using a spoon
- Cooperates with being dressed





Eighteen Months

- Can build a tower with three blocks
- Likes to climb and take things apart
- Can say five to ten words
- Tries to put on shoes
- Drinks from cup held in both hands
- Likes to help parent

Two Years

- Able to run
- Walks up/down stairs using alternate feet
- Says at least 50 words
- Sometimes uses two-word sentences
- Points to objects in a book

Three Years

- Can repeat two numbers in a row
- Knows his/her sex
- Dresses him/herself except for buttoning
- Can copy a circle
- Can follow the commands of on, under or behind
- Knows most parts of the body
- Jumps lifting both feet off the ground
- Can build a tower with nine blocks
- Verbalizes toilet needs



If you feel your child age birth to 3, is not learning or growing in the way you expect, call:

**Early Intervention
Child Find
1-800-543-3098**



a division of the



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